# **Needham Youth Services**

# Free Summer Programs...for Youth and Parents

### Registration begins on May 4, 2015

# Project VAN (Volunteers Around Needham)

Funded by the Needham Community Council, Project VAN provides an opportunity for youth entering grades 8-12 to provide valuable community service to organizations in Needham. Youth can register for just one day or for multiple days. Contact Liz Loveless at <a href="mailto:eloveless@needhama.gov">eloveless@needhama.gov</a> or 781-455-7500 x266 to be added to the registration list. A brief meeting will be scheduled to match youth interests with available sites. Learn more at <a href="https://www.needhamma.gov/youth/projectvan">www.needhamma.gov/youth/projectvan</a>



2015 Dates: July 14, 16, 21, 23, 28, 30 Time: 10:00am – 2:30pm

#### EXTREME LOOKS



In collaboration with the YMCA, this free four-day workshop will explore how the media goes to extremes that distort girls' self-esteem, body-image, and perceptions about relationships. The program is open to girls currently in 6th, 7th, and 8th grades. For more information please contact Katy Colthart at <a href="mailto:kcolthart@needhamma.gov">kcolthart@needhamma.gov</a> or 781-455-7500 x264. Learn more at: <a href="mailto:www.needhamma.gov/youth/extremelooks">www.needhamma.gov/youth/extremelooks</a>

2015 Dates: June 29, 30 July 1, 2 Time: 1:00pm - 4:00pm

#### SINGLE PARENT SUPPORT GROUP

Being a parent is something you wouldn't change for the world —but doing it alone can sometimes drive you to exhaustion. Are you a single parent interested in participating in a group addressing such issues as time management, raising healthy children, and taking care of yourself? This is a FREE six week program, childcare is provided, and a light dinner will be served to both parents and their children. The group will be limited to 12 participants, and all conversations will remain confidential.



For more information or to register please contact Katy Colthart at <a href="mailto:kcolthart@needhamma.gov">kcolthart@needhamma.gov</a> or 781-455-7500 x264. Learn at: <a href="mailto:www.needhamma.gov/youth/singleparent">www.needhamma.gov/youth/singleparent</a>

2015 Dates: Tuesdays July 14, 21, 28 and August 11, 18, 25 Time: 6:15 — 7:45 pm

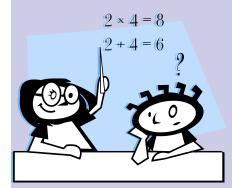
Turn over for more programs.....





# **Upcoming Fall Programs...**

# Applications will be accepted starting May 4th



## PEER TUTOR PROGRAM

The Peer Tutor Program matches high school students (tutors) with youth entering 3<sup>rd</sup> through 8<sup>th</sup> grades (tutees) who have shown a need for additional academic support. The program provides a supportive learning environment where tutees can gain confidence, improve school performance and study skills. Pairs meet weekly from October until the end of the school year. We are currently recruiting new tutors and tutees for the

2015/2016 academic year. Applications are due no later than June 5th.

Applications and additional information are available at <a href="www.needhamma.gov/youth/peertutor">www.needhamma.gov/youth/peertutor</a> or at the Needham Youth Services office, 1471 Highland Avenue (Town Hall).

For more information contact Liz Loveless at <a href="mailto:eloveless@needhamma.gov">eloveless@needhamma.gov</a> or 781-455-7500 x266

# $\underline{\mathbf{V}}$ aluable $\underline{\mathbf{I}}$ nteractions among $\underline{\mathbf{P}}$ eers (VIP)

VIP is a free peer mentoring program designed for high school students (Big VIPs) and

elementary students (Little VIPs) in 3rd through 5th grades. The goals of the program are for Little VIPs and Big VIPs to spend quality one-on-one time together, to have a safe place to come to interact and play, and to build connections assisting all students in gaining confidence and building self-esteem. VIP meets on Tuesday nights from November to mid April. We are currently recruiting new "Little" and "Big" VIPs for the 2015/2016 academic year.



Applications and additional information are available at <a href="www.needhamma.gov/youth/vip">www.needhamma.gov/youth/vip</a> or at the Needham Youth Services office, 1471 Highland Avenue (Town Hall).

For more information contact Katy Colthart at kcolthart@needhamma.gov or 781-455-7500 x264

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www.needhamma.gov/youth

Needham Youth Services Registration Form
Return/mail to Youth Services Office, 1471 Highland Avenue, Needham, MA 024921 or email to <a href="mailto:mpapantoniou@needhamma.gov">mpapantoniou@needhamma.gov</a>

PARTICIPANT INFORMATION (REQUIRED)			
Participant's Name:	Name: DOB:		
Address:	Zip Code:		
Home Phone:	ne Phone: Cell Phone:		
nail Address: Grade & School:			
PARENT/GUARDIAN INFORMATION (REQUIRED FOR MINORS)			
Name:	Cell Phone:		
Email Address:			
EMERGENCY INFORMATION (REQUIRED)			
Name: Re	lationship: Phon	Phone:	
Name: Re	lationship: Phon	ie:	
Allergies: Medical Conditions:			
PROGRAM INFORMATION (REQUIRED)			
Program Name	Session	Fee	
Donation to Needham Youth Services: \$		\$	
Total Amount:  Make Checks payable to "Town of Needham — Youth Services"		\$	
AUTHORIZATION OF PARTICIPATION (REQUIRED)			
I, the undersigned parent/guardian of			
SIGNATURE			
AUTHORIZATION TO PHOTOGRAPH/VIDEOTAPE (OPTIONAL)  I,, do hereby give permission to the Needham Youth Services to photograph/videotape me and/or			
my children as participants in a Needham Youth Services program. I understand that I will not receive any compensation or have any rights to these photographs/videos and I release the Town of Needham from any liability for their use. I understand that these photographs or videotape may be used in one or all of the following ways:			
<ul> <li>As part of the Needham Youth Services' website or social media site (e.g. Facebook).</li> <li>As part of an application/submission to potential funding sources.</li> <li>As part of an article in print media (Needham Times, Hometown Weekly, Boston Globe, Needham Patch, etc.).</li> <li>As a video segment on The Needham Channel which may also be posted on their website and/or YouTube.</li> </ul>			
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